

**Test Group 12 People:
92 lbs + 103 inches lost in 13 days**

You're Invited To

get **Lean** in
13

The supplements are the foundation of the program, providing you with the nutrients you need for optimal health, increased energy, fat burning, and craving control. For instance, did you know that low vitamin B levels can cause sugar cravings? Did you know that fatigue can give you a "false" hunger? Do you know how much protein it takes in the morning to most effectively burn fat during the remainder of the day? Do you know which one of our products used as an afternoon snack can burn even more body fat during the rest of the day? And there is so much more than this...**plus the eating plan and coaching come FREE** with the purchase of your AdvoCare supplements!

The eating plan was designed by a registered dietitian and elite personal trainer. They incorporate a "zig zag" method of eating. What does that mean? You'll find out during the program - and you'll be surprised to find out that your body needs MORE calories on certain days to avoid a plateau. **We don't want you to diet. Aren't you tired of that already?** The eating plan itself is extremely simple for the on-the-go person who doesn't have time for complicated recipes. In fact, the one overwhelming response we get from our clients is, "**Wow? Can I do that again?**"

Over the next 13 days

*melt body fat
retain muscle
gain energy
cut cravings
break a plateau
improve health
stop dieting*

13 Days is all it takes to see and feel a difference.