

## **Curried Carrot Dip**

1 cup finely chopped or grated fresh carrots (from 2 or 3 large carrots)

1 cup sour cream

2 Tbs. apricot preserves

1-1/2 tsp. prepared mustard

1 Tbs. curry powder 1/2 tsp. red pepper flakes

1/8 tsp. chili powder

Hot pepper sauce to taste

Vegetable or snack-food dippers

Preparation:

Combine carrots, sour cream, preserves, mustard, curry powder, pepper flakes, chili powder and hot pepper sauce. Chill to blend flavors. Serve with vegetable or snack-food dippers.

Serves: About 2 cups

[http://www.diynetwork.com/diy/lc\\_side\\_dishes/article/0,2041,DIY\\_14014\\_2278532,00.html](http://www.diynetwork.com/diy/lc_side_dishes/article/0,2041,DIY_14014_2278532,00.html)