

Elizabeth's Studio presents ...

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Sleepy Time Pillow Case

Featuring Designs
by Diane Phalen

Project size: 21 ½" by 31 ½" (Standard Pillow Case)

Super-easy and quick to make, you'll be turning these out by the dozen!

Fabrics Needed:

- Multi-Color Print: ¾ yard for Main Pillow Case (ES#2302-Blue)
- Yellow Print: 1/8 yard for Accent Strip (ES#241-Yellow)
- Multi-Color Packed Floral: ⅓ yard for Cuff (ES#2304-Multi)

Cutting:

- Multi-Color Print: Leave as a ¾ yard piece. Do not remove selvages.
- Yellow Print: Cut ONE 3" by WOF strip; then fold it in half lengthwise with wrong sides together, and press. Do not remove selvages.
- Multi-Color Packed Floral: Cut to 9" by WOF. Do not remove selvages.

Use accurate 1/4" seams unless indicated otherwise. **WOF** indicates cutting across the width of the fabric from selvage to selvage, usually about 42" wide.

Instructions are written in good faith. In the event of an error, please contact us. We will post any corrections on our web site.

Assembly:

1. Lay your 9" wide piece of Multi-Color Packed Floral fabric right side up on your work surface.



2. Fold your Yellow Print strip in half lengthwise, wrong sides together, and press along the fold. Then lay it so its raw edges match the upper edge of your Multi-Color Packed Floral strip. Pin across the top.



3. Lay your large piece of Multi-Color Print (Main Pillow Case piece) **WRONG SIDE UP**, and matching up the raw edges along the top edge, just like you did in Step 2. Re-pin to attach all 4 layers.

4. Roll up the large piece of your Main Pillow Case fabric, starting at the bottom, until it is up near where you just pinned as shown at left.

5. Take the lower edge of your Multi-Color Floral "Cuff" fabric and wrap it up and over the rolled-up piece of Pillow Case fabric, as shown in the photo below. NOTE: The right side of this fabric will now be touching the wrong side of your Pillow Case fabric, and the raw edges



should all be aligned.

6. Re-pin so you now have FIVE layers of fabric along the top edge.
7. Use the walking foot on your sewing machine to sew an accurate ¼" seam through all layers.
8. Carefully pull the coiled-up piece of Main Pillow Case fabric out of the tube you just made while turning the "tube" right side out as shown at right.
9. Press so the Cuff is nice and flat, and the Yellow Accent strip is pointing toward the bottom of the Pillow Case.
10. Square off the long selvage edges.



11. Fold in half **WRONG SIDES TOGETHER** so the long edges (where you just trimmed off the selvages) are aligned, and matching the seam at the Cuff end of the pillow case as shown at left. Pin, then sew along this one edge. Do not sew across the bottom edge yet!



12. Turn pillow case wrong side out. Press along the seam you just sewed, then sew a slightly deeper seam on that same side (⅜" - ½" wide). This will enclose the raw edges from the first seam.

13. Sew across the short (bottom) end of the pillow case, then zig-zag the raw edges to keep them from fraying. Turn pillow case right side out. Press again.