

# Yukon Child Care Association Conference 2009



*little people, big futures*  
**Yukon College**

**April 24 & 25 2009**

[ycca@live.com](mailto:ycca@live.com) [www.yukonchildcare.com](http://www.yukonchildcare.com)



## Registration Package

YCCA has been working hard on putting the conference pieces together. “TaaaDaaaa” – we are excited to announce the line-up for April’s training. You’ll see that there are many workshops to choose from!

Once the payment deadline has passed we will confirm with you your workshops. There will be more information about the Friday morning, our keynote speaker Jim Mustard, the trade fair, and the AGM, at that time.



*DIRECTIONS  
for an easy  
& straight-  
forward  
registration  
online*

- 1 Read through the workshop descriptions in **PART A** & consider which one(s) interest you most.
- 2 Talk with your director & co-workers to decide who will attend which workshops. \*We strongly encourage each early childhood program spread their staff around different workshops in order to gain as much information as possible from these two days.
- 3 Using **PART B**, which is the schedule, look to see which workshops work into two days of training for you. NOTE: be sure that workshops in different blocks do not overlap each other (some workshops take up two or more blocks).
- 4 Using **PART C** each person signs up for their workshops, choosing choice #1, #2, and #3 for each block. We are placing people first registered/paid = first served. Knowing your first three choices allows us to place individuals in workshops that do interest them in the case that their first or second choice workshop is already full.
- 5 Fill out **PART D** – YCCA Membership form, which is also the conference contact information. Please fill in your personal information CLEARLY. **Please print out this form and mail it with your payment, as it does require a signature.** The \$25.00 membership fee is included in your \$50.00 conference registration fee. (*\$50.00 = 2 days of lunches, breaks, conferencing, and YCCA membership*)
- 6 NOTE: participants will be placed into workshops based on
  - a) first registered (including full payment) and
  - b) two people from a program at most in a single workshop (if the workshop is full)
- 7 Fax or e-mail: **PART C** & **PART D** to: **867-668-8890** (e-mail: **click on email button**)
- 8 **REGISTRATION DEADLINE = Wednesday March 18, 2009 5:00 p.m.**  
**Payment deadline: Wednesday, March 25, 2009**

Still have questions?  
Please email kate:  
[kswales@yukoncollege.yk.ca](mailto:kswales@yukoncollege.yk.ca)  
or call 668-8829 (email is preferred)

Send cheques in the mail (payable to):  
Yukon Child Care Association  
c/o Partners for Children  
Box 2799  
Whitehorse, Y.T. Y1A 5K4

Yukon Child Care Association – Little People Big  
Futures Annual Conference  
Workshop descriptions

**1. Music and Early Childhood**

Helen Beaulieu

This session will include a variety of interesting methods to help us understand why music is important in the early childhood years. Through constructing our own instrument, viewing a video, and group discussion we will consider how to introduce young children to music, dance, play, and singing.

**2. Facilitated Discussion with Program Directors, ECE Instructors, and other early childhood leaders**

Kate Swales

Kate has her own ideas of what this will be about, and has been given a few thoughts from others. \*\*Please let her know where you would like this conversation to go before conference time and she will tailor it to meet the needs of the group.

Email her with your thoughts at – [kswales@yukoncollege.yk.ca](mailto:kswales@yukoncollege.yk.ca) and include ‘ECE Leadership Workshop in the subject heading.

**3. Bio Psycho Social Spiritual Parenting: Strategies for Sustainable Family Relations**

Irene Champagne

This workshop provides an interactive and experiential participant-driven event for Parents, childcare providers, counsellors/educators of children, and family therapists. The focus is to provide participants with a repertoire of skills and exercises that engage holistic transpersonal energies and therapeutic conversations to support maximum sustainability of family relationships across the life-line.

Brief exploration of in-utero mother- child relating, infant and toddler family relating, school-aged relationships, and onward into adult family relationships:

Nutrition, Exercise, and Role Models of Wellness

Psychological Nurture for families and individuals

Social Skills, Individuation, and Personal Boundaries for Families

Spiritual Growth – Meaningful Maturity in the Mysterium

**4. Why Teach Values and Virtues in Early Childhood Care and Education?**

Allen Murray

We will discuss personal values, traditional values, social values, material and spiritual values and how they release human potential. How does the practice of virtues releases potential in children and staff? *“The base of traditional learning and culture is values. We must come to the issue of values if we hope to make a difference in the lives of our children and if we hope to make a difference in the world. I say to each and every one of you we must have values as an outcome of the childcare we provide. Why? Because values release potential.”*

**5. Supporting Parents & Caregivers to Change**

Shannon Duke

This presentation will provide an overview of a program that aims at better understanding the role of smoking in women’s lives and the use of a *harm reduction approach* in reducing harmful elements in children’s environment.

Attendees will learn more about the effects of secondhand smoke, what works to reduce secondhand smoke, how to set long and short term goals to create change, strategies to reduce stress (for example: how to use deep breathing and muscle relaxation), how to use problem solving to plan ahead, and how to support families where they are at.

Yukon Child Care Association – Little People Big  
Futures Annual Conference  
Workshop descriptions

**6. Introduction to Music Therapy**

Serena McKone

This session will touch on what music therapy is, how music therapy works, and who can benefit from it. It will be an interactive, hands-on workshop and participants should be prepared to participate.

**7. Felting Fibres into a Story** (*Blocks 2, 3, & 4 = all of Saturday*)

Chalia Tuzlak

This six hour workshop will felt a spring story. Different techniques will be introduced: Wet felting, and needle felting. We will wet felt a flower and needle felt a three dimensional old lady or man and a fairy and her fairy baby. All of them will be used for storytelling and so a short introduction will be given on storytelling with table puppets. *This workshop will be given in French and English. Participants who speak French will be given priority.*

**8. Early Childhood Brain Development: It's not just Important...** (*Blocks 2, & 3 = Saturday morning*)

Kate Swales

Together participants will examine different aspects of brain development and explore practical ways of supporting optimal brain growth. Before the end of our time together we will have a basic but clear understanding of why early childhood brain development is more than just important.

**9. Empowering Children** (*Blocks 2, & 3 = Saturday morning*)

Evelyn Thorogood

The goal of this workshop is to encourage adults to consider the verbal and non-verbal responses to children that best guide them to an independent, productive, and happy adulthood.

**10. Promising Interventions and Treatment for Autism** (*Blocks 2, & 3 = Saturday morning*)

Julie Robinson

We will consider a chronology of the most promising practices for Autism over the last 20 years. Arriving where we're at today, there will be consideration of how you and your community can best support these children and their families.

**11. Handle With Care: Expressing Emotions** (*Blocks 2, & 3 = Saturday morning*)

Cyndi Desharnais & Heidi Spinks

This workshop provides an exciting look at the developmental expression of emotion. The objective of the session is to provide awareness that all educators influence the way children learn to understand and express emotion. In a relaxed environment participants will learn using group activities and facilitated discussion. We will cover such topics as developmental emotion, shaping children's emotional recognition and expression. We will consider links between emotion's cognition and language.

**12. The Big Picture: Empathy**

Jim Mustard

Empathy is a key ingredient to responsible citizenship and responsive parenting. This three hour workshop will involve discussion about the embedding of the Roots of Empathy program in a

Yukon Child Care Association – Little People Big  
Futures Annual Conference  
Workshop descriptions

cultural shift in how we value our social/emotional well being as the foundation of our cognitive abilities.

**13. Introduction to Emergent Curriculum Practices**

Nicole Beaudry

This session will induce a different style of learning and programming that is more child directed and invites the children to be active participants in what they choose to learn. We will review the three main pieces of emergent curriculum, and participate in the start of a mock project. Participants will leave with a better understanding of emergent curriculum, how it can apply to their early learning centres and styles. We will consider new ways to ‘set’ the environment (change from an over stimulating environment), think about documenting children’s play and art, and how to create portfolios for children in their care.

**14. Worldly Programming: Culture doesn’t come in a box**

Joe Migwams

This workshop addresses the consideration of organizing activities throughout each day of the year that support individual’s cultures. Culture is not a theme and cannot be taught from a pre-designed box or a catalogue.

**15. Introduction to The Active-Healthy Kids Yukon Toolkit Program**

Adrienne Marsh

At the Little People, Big Futures Annual Conference, a condensed 1.5 hour mini version of the one-day Active-Healthy Kids workshop will be delivered. We will highlight the importance of movement and play, the benefits of physical activity, and why fundamental movement patterns are vital for the proper development of motor skills in children. Conference attendees will also have an opportunity during this session to explore the equipment in an Active-Healthy Kids toolkit and use it with its manual to demonstrate games and activities that support active play.

**16. Everyone can be a Story Teller**

Jan Tulloch

This workshop will help participants become more aware of their own personal talents and in storytelling. By experiencing the fun and potential teaching opportunities that story telling provides, everyone’s comfort level is bound to increase. We will make some props, speak and sing a variety of stories, consider putting together story baskets, and more.

**17. Introduction to Ethical Decision Making: learn how to make good decisions in moments of conflict & stress & understand why others make the choices they do.**

Evelyn Thorogood

This introductory workshop has three parts. The first is an interactive power point presentation, which defines ethics and discusses the purpose, value and method of understanding ethical decision-making. The second part of the workshop provides attendees with an opportunity to discuss an ethical dilemma in small groups and to practice using a decision-making tool. The third part of the workshop brings the small groups back together to share their experiences. Attendees can expect to gain a better understanding of the values driving both their own and others’ decisions and will leave with a model for exploring ethical dilemmas.

**18. Working with Families of Children with Special Needs**

Registration Package – PART A

Yukon Child Care Association – Little People Big  
Futures Annual Conference  
Workshop descriptions

Jan Wood

This workshop will focus on increasing our awareness of the needs of families with a child with special needs. Participants will leave this workshop with practical suggestions regarding approaching particular families; a better understanding of the family's perspective.

**19. From Chaos to Calm: Environments for Success**

Sherri Armstrong

This workshop will help you to look at your childcare environment with new eyes. Learn how to arrange rooms, what furniture is best, choosing colours and safety. Learn how a correctly arranged space can be like having another teacher in the room! There will be a section on creating fabulous spaces for staff breaks!

**20 HELP! My Circle Time's been Hijacked!**

Jan Tulloch and Ted Dean

Experience the difference that a visual aid can make to a song or finger play!

We will make some props that can be used in child care settings, demonstrate the variety of ways that one prop can be used (ie. Seasonal). We will consider simple every day materials that can become prop ingredients, be exposed to a variety of songs and finger-plays, and share circle time suggestions. Fun Fun Fun!

**21. Science is Everywhere!**

Patricia Randell & Alex MacKay

'Science is Everywhere' is a workshop designed to introduce early childhood development professionals to the excitement and fun of incorporating science into early child hood settings. This workshop is meant for educators that coordinate and develop curriculum for children between the ages of 4 and 6. During the course of the two hours, participants will explore how science can become accessible to young children, where to find useful resources, and how to explain science through games and projects. The session will be completed with the demonstration of an activity and the formation of an ideas list that each participant can utilize in their own facilities.

# Workshop Schedule

Friday, April 24							Saturday, April 25																									
8:45 AM	Morning Registration						<b>Workshop 7</b>	<b>Workshop 8</b>	<b>Workshop 9</b>	<b>Workshop 10</b>	<b>Workshop 11</b>	<b>Workshop 12</b>	<b>Workshop 13</b>	<b>Workshop 14</b>																		
9:00 AM							Introduction to the Conference						"Felting Fibres into a Story"  (FRENCH)	"Early Childhood Brain Development: It's Not Just Important"	"Empowering Children"	"Promising Interventions.. Autism"	"Handle With Care - Expressing Emotions"	"The Big Picture: Empathy"	"Intro to Emergent Curriculum Practices"	"Worldly Programming: Culture does.."												
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9:30 AM																											Group Activity					
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