

## MAGNETIS POLUS AUSTRALIAS – south pole of the magnet

and a long way from anywhere with a deep sense of dislocation and of being forsaken. Those who travel there suffer endurance beyond belief but the pull of the magnet is very strong, too strong to be ignored, it is an endurance that has to be accomplished despite the pain. And the pain is severe, usually in the joints of limbs or involving the extremities of limbs and mimics that of frost bite, not surprisingly. But even a slight chill will bring about pains.

This magnet is unstable and this is one reason why the slightest 'tip of the scales' brings about such a powerful need for survival, seeking that balance that lies somewhere between the push and pull of the magnet.

They do not like to be in company because it draws on their reserves too much and they develop a distinct dislike to social events that involve some kind of fun, they are real party poopers; they are disgusted at the thought of having a good time. There is a specific rubric regarding 'disgust' and with Mag aust the 'disgust is at the exhilaration of others' – this is why they are party poopers, they just cannot connect with others and have a good time at the same time.

Other examples of the disparity is the slightest chill will make them feel unbalanced and being out of doors brings total dread – it is as though they have a dysfunctional thermostat; there is a strong sense of levitation as if the

body is so light it can be easily pulled towards the magnet without any will power to resist; there is instability of ideas that shows itself in pronounced mood swings – from passion to rage, from excitement to disgust.

There is often a problem with food that can border on an eating disorder such a bulimia – again another representation of a lack of balance, either hoarding and gorging food or refusing to eat and forcible vomiting.

The heart palpitates violently and this can also cause the sense of lightness with a great rush of blood to the head causing vertigo with staggering back and forth, pulling in both directions, not knowing which is best or where the balance is. Similarly sleep patterns are disturbed – profoundly sleepy with an inability to sleep and when sleep does come the dreams are frightful, sometimes about fire, as if to melt the ice caps conveying a sensation as if hot water were pouring down.

I don't think these feelings stem from any *obvious* emotional aetiology but merely (!) reflect a deep sensitivity to all surroundings with a perception of dislocation and abandonment (being forsaken) – but an abandonment that comes not from a lack of nurture but from the imbalance of the natural senses deep within. Even writing this it is hard to decide which it is – the push or the pull, the chicken or the egg that is responsible – that is the force of the magnet.

To go back to the feelings of disgust - these are focussed on the eating disorders but can easily be replicated to any terrain that involves this push and pull – they just do not want to go there, they cannot endure the end result of the push and pull, it is just too disgustingly unstable. They cannot endure the extremes and become disgusted when others feel a sense of exhilaration – they are always ameliorated when their surroundings are stable, they feel grounded and secure.