

Cobaltum and the Silver Stealing Goblins

Once upon a time in the year of 1737 and in the land of Sverige, a young man came across a hexagonal crystal formation that was later discovered to be an ingredient of a tough, silver white transition metal which he named Cobalos (Cobaltum or Kobeolt).

Kobe is a hut or a cage, some structure that holds and stores, maybe where stolen goods could be stashed. Olt refers to a spirit, a gracious spirit and Cobalt is in silver ore where it was believed to have been placed by silver stealing goblins who were trying to cover their tracks by replacing the silver with this dangerous, radioactive substance.

Stealing can never really been seen in a gracious light but the good intention was there and thus Cobaltum metallicum has, at the focal point of its symptom picture 'DELUSION HE IS A CRIMINAL AND OTHERS KNOW IT' + full of self reproach, guilt and no self esteem – an emotional holding or storage of damaging feelings.

This sense of guilt leads to constantly changing moods – on the one hand, vivacious, cheerful and happy with a strong feeling of exhilaration and clearness of the mind and on the other, indolence, confusion, restless nervousness, impotence and sadness – the impotence being replaced with self satisfaction and lots of sexy dreams. This alternation almost represents a healthy letting go that is soon replaced by the hoarding of guilt, just like the guilty goblins replacing the silver ore with Cobalt.

Open or shut and empty or full is another way of viewing this – the abdomen has an empty feeling at the navel; there is a disposition to keep the jaws shut tight; vertigo with a feeling that the head grows large; teeth feel too long; water from the stomach rises up. Even the brain feels like it is going up and down.

Letting go on the physical plane is seen as a need to hawk mucous which >>>; haemorrhages (constant dropping of blood from the anus); lachrymation; sweaty feet; discharge of semen without erection; green discharge from urethra.

But the most dominant physical symptom is felt in the back. There is severe backache that can find no relief from sitting or standing but lying or walking about can help. The knees are weak and they just won't straighten up, always bent and trembling. This could be because there is pain in the liver region that shoots downwards to the thighs, but being weak in the knees could also be the result of all those guilty burdens being carried around.

It is a colourful remedy – the tongue is coated white; the skin can become anything from yellow, brown, red, blue or purple.

Cobalt has an affinity to cancer, although this is more prominent in Cobaltum nitricum. Cobalt 60 is the radioactive active isotope used in allopathic treatment of cancer.

Cobalt is an important trace element and so has dietary relevance.

It is also very interesting that the theme of 'holding on' is linked to the fact that Cobalt is also used in the making of magnets.

Thanks for reading. Joy Lucas. January, 2005