

NAUSEA IN THE EARS - Dioscorea

This one is curious because although we have all experienced a feeling of nausea it is unusual to feel it in the ears.

Dioscorea is well known to be one of our most painful colic remedies – it matches Colocynthis in this, except that the modalities are very different (Colocynthis has to bend forward and Dioscorea has to lean and stretch backwards).

The pains of Dioscorea are twisting, griping, sharp, cutting, grinding and generally unbearable as most colic type pains are. The location is mainly gall bladder, abdomen, nerves + sciatica, spinal cord, bowels, heart and kidneys.

Also characteristic to this remedy is the fact that the pains dart all over the place. When they cease in one part they begin in another. As well as radiating downwards the pains go up and up and up, forcibly, until they find the ears as a viable exit point and so you get the symptom 'nausea in the ears'. In fact, this can be interpreted as 'pain in distant parts' and this is another characteristic symptom of this remedy.

Specifically we have:-

Pain along sternum extending into arms (angina)

Violent dysmenorrhea, pains radiate from the uterus

Sharp pains in liver shoot to nipple

Kidney colic extending to testicles and limbs

Haemorrhoids with darting pains to liver

Right sided sciatica pain shooting downwards

Sharp pains in the back going up and down

Darting pains in anus to liver

Griping pains in side of abdomen that shift suddenly to remote parts such as fingers and toes

Generally there is a lot of stomach and digestive disorder – a great deal of flatulence the escape of which does not help, diarrhoea that is yellow or slimy and dark and < in morning – sensation as if a stone in the stomach – burning and cramping in the stomach.

But other parts of the body also suffer – the head pains are squeezing and crushing; there are intense pains around the jaw (grinding and drawing); cramps

and numbness in the limbs; pains from coughing are felt in the umbilicus and temples; the throat is so dry no gas can escape.

It is easy to see why Dioscorea is an intense remedy with a great deal of suffering and it would be hard to miss the symptoms of such painful conditions, and one final and curious symptom of this remedy is the eyes feels as if hot air is steaming out of them – I am not surprised!