

Subject: Help us EMPOWER Women!

Dear Friend,

According to statistics, 1 in 3 women are affected by sexual assault  
TOGETHER, WE CAN CHANGE THIS STATISTIC.

We all know that Knowledge is POWER. Well, I WANT THE POWER! I also want you to have the POWER.

There is a ladies self-defense Step-by-Step Instructional DVD that can EMPOWER women in less than 40 minutes! P.O.W.E.R. (Powerful Options With Efficient Results) is a DVD founded by both a male and female martial artists (as of this letter, they have over 45 years of experience between them!) Their goal is to help change the above statistic.

With the DVD available for only \$24.95 (+ s/h), it is not only AFFORDABLE, but should be MANDATORY in every girls' library.

I hope that everyone who purchases one of these DVD's looks at the following example and sends this email to at least 7 people you know.

When 1 person tells 7 people, ***they make a ripple in a pond.***

When those 7 people tell 7 of more, ***the ripple turns into a wave*** (49 people)

When they tell 7 people, ***the wave gains current*** (343 people are helped)

When they tell 7 people, ***the current grows*** (2401 people are affected)

When they tell 7 people, ***a swell grows*** (16807 people's lives are changed)

When they tell 7 people, ***the wave breaks against the shore*** (117649 people are helped)

And When they tell 7 people, ***the water from the shore touches the lives of everyone near*** (**nearly a million lives are changed** – 823,543)

[www.IWantThePower.com](http://www.IWantThePower.com)