

THE MAKING OF A COMPLETE DISCIPLE

**A DISCIPLESHIP TRAINING MANUAL
DESIGNED TO HELP THE CHRISTIAN
GET SOLIDLY ON THE RIGHT TRACK
IN THE CHRISTIAN RACE OF LIFE.**

(Hebrews 12:1-2.)

**BIRTHED FROM OVER 30 YEARS OF
WALKING WITH THE LORD AND
MINISTERING TO HIS SAINTS.**

**FROM THE LIFE AND NOTES OF
PASTOR GARY STEWART, D. MIN.**

THE MAKING OF A COMPLETE DISCIPLE

**A DISCIPLESHIP TRAINING
MANUAL DESIGNED TO
HELP THE CHRISTIAN GET
SOLIDLY ON THE RIGHT
TRACK IN THE CHRISTIAN
RACE OF LIFE. (HEBREWS 12:1-2.)**

Hebrews 12:1-2 ¹ Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, ² looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. (NKJV)

Developed by Gary Stewart, D. Min.

© August, 1997 -- Permission is granted to copy any and all of this manual as is without changes provided it is not done for commercial gain.

All scripture quotations, unless otherwise indicated, are taken from the New King James Version. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

For more manuals and recordings of each session contact:

Gary Stewart Ministries

3025 Stanford Drive

Plano, TX 75075

www.garystewartministries.org

TABLE OF CONTENTS

PREFACE	3
TO THE TEACHER	4
TO THE STUDENT (THE DISCIPLE)	4
SECTION I - LEARNING TO PRAY LIKE A DISCIPLE	6
1. "Lord, teach us to pray."	7
2. Jesus' model for prayer	11
3. Jesus' model continued	16
4. Jesus' model concluded	19
SECTION II - EIGHT CHARACTERISTICS OF A COMPLETE DISCIPLE	23
5. Faith	24
6. Virtue	28
7. Knowledge	31
8. Self-Control	35
9. Perseverance	40
10. Godliness	44
11. Brotherly Kindness	48
12. Love	52
SECTION III - SIX MARKS OF A COMPLETE DISCIPLE	57
13. Choosing Wisely	58
14. Dying Daily	61
15. Forsaking All	66
16. Abiding Word	70
17. Living Love	73
18. Bearing Fruit	76
SECTION IV - MATURING AS THE LORD'S DISCIPLE	80
19. Knowing God	81
20. Understanding And Receiving The Father's Love	85
21. Living In The Peace Of God	90
22. Loving God Completely	95
23. Conformed To The Image Of Christ	102
24. You Have A Destiny	107
DECLARATION OF COMMITMENT	110
IN CONCLUSION	112

PREFACE:

Why this manual?

I began pastoring in October, 1966. Many years and several churches later, one of my greatest heartaches has been seeing far too much failure in the lives of Christians. On the other hand, I certainly do rejoice in the many I have seen mature and become outstanding followers of Christ. I also equally rejoice in the many fine Christians I have met and worked with through these years. But overall, I must confess that the majority of Christians are not walking in the victory of daily living like I believe their souls long for.

Now after more than 30 years of pastoring, I believe God has given to me a strategy to help Christians quickly mature and stay committed; to gain daily victory and live like Jesus said we should live. This strategy has been in the Bible all along. We have simply overlooked it. It is to do what Jesus said, “Go therefore and make disciples of all the nations.” Jesus was the master example of this. He invested His life in individuals, twelve in particular. Yes, Jesus taught the multitudes, but He spent most of His time with the twelve. Jesus knows that as you teach (make disciples), you will best learn yourself. This is the strategy: *Each time you disciple someone these truths are more deeply deposited into you, the teacher. As these truths become a natural way of life in you, you then become a victorious, radical follower of Christ! I believe this is one of the major reasons Jesus said, “Go and make disciples.”*

In 1995 the Lord spoke clearly to my heart to invest my life in people by discipling them individually. I asked Him for a very clear teaching plan to do this so my disciples would become His disciples and follow Him into radical Christian commitment. Now after more than two years of seeking Him, much rewriting, and personally being about the business of discipling individuals, I place this manual in your hands to help you go and make effective disciples.

I want to personally thank and magnify our wonderful Lord because so much of this manual is by revelation -- revelation truths in lessons; revelation on what to teach; revelation in how to teach it; and more. To God be the glory!

This manual is only a tool. To all who become outstanding disciples after going through this manual, I acknowledge that this is accomplished because of the Holy Spirit, the teacher who lovingly teaches, and you, the disciple, being willing to hear and obey. To God be the glory!

IMPORTANT THINGS TO UNDERSTAND:

- The best discipling is done one on one. (Having more than three disciples in a session will weaken the personal interaction needed between teacher and disciple.)
- This manual is designed for a teacher/disciple relationship, not as a self-teach manual.
- Do two (2) sessions per week preferably three or four days apart. If this is not possible or practical, then do two sessions in one meeting. Allow at least one hour per session.
- To the teacher: Do your best to disciple at least twice every year. (Note: Each time I share these lessons, they get deeper and richer in me! That is the secret of this strategy.)
- It is time for us to get out of our “comfort zones” and do what Jesus said.

My prayer is that all who go through the pages of this manual will become radical disciples of Jesus Christ. You are forever in my prayers. Grace, mercy, and peace from God the Father and the Son be upon you always.

Sincerely from one who loves you and believes you have a fantastic destiny,
Gary Stewart

TO THE TEACHER:

You are embarking on one of the greatest adventures of your life -- the making of a disciple of Jesus. When Jesus was here, He spent enormous amounts of time one on one, one on two, and one on three depositing His truths into His followers. Just before He left earth to return to the Father, He told us to go and do likewise. As a good disciple of Jesus yourself, you are now being obedient to the heavenly calling by disciplining someone. God richly bless you in this wonderful ministry. It is part of your destiny.

Following are several things you need to do in order to make your time most effective. Look over this list often.

- Teach as though you are in reality teaching the one whom this disciple will be disciplining. Make sure they understand the material well enough to teach it to someone else. When you release them, they must be ready to make disciples.
- Pray before and after each session with your disciple. Ask the Holy Spirit to guide your instruction and their listening. Pray certain lessons into them after the session by laying hands on them as you pray if you feel that will be helpful.
- Love, care for and pray for your disciple daily. Have compassion for them as Jesus did for His.
- Make your own notes in your manual as you will be using it over and over again as you disciple others.
- REQUIRE THE HOMEWORK.
- Check their daily logs each session. Hold the disciple accountable, but be gentle and understanding as Jesus was with His.
- Before the first lesson, read with your disciple the Preface (p. 3); To The Student (p. 4); and the four section dividers (p. 6, 23, 57, and 80).
- In an act of deep humility at the conclusion of your last session with your disciple, wash your disciple's feet as Jesus did His disciples at the close of His earthly ministry (John 13:1-15). Study this passage and learn the deep truth Jesus teaches. Show them this humility to help them always minister with the humility of Jesus.
- Extra manuals and resource/training tapes by Dr. Stewart on each session are available to help you disciple others. See address on page one.

TO THE STUDENT (THE DISCIPLE):

You have a destiny! This training will help you discover it. I believe in you because I know your potential. God's design is for you to so mature in Christ that Satan will have a difficult time even finding a way to tempt you! This manual is designed to help you reach that goal. When you finish this manual, you will be ready to disciple someone else. You will now have a ministry you can do which will help equip the body of Christ (Ephesians 4:11-16.)

Following are things you need to do in order to make your time most effective.

- Do **not** read ahead. Have each session with your teacher.
- Do the assignments. Be a responsible disciple.
- Ask the Holy Spirit to help you know and understand these truths. Ask Him to guide you daily. The Holy Spirit is your helper.
- Go over the material after each session. Learn it. Call your teacher for any help needed.

You have the opportunity to become a true disciple of Jesus. Christianity has for too long been filled with too much failure. If you apply what you learn in this manual, you will not fail! That is a promise from the Word of God. Go forth and enjoy your victorious Christian life.

**IMPORTANT NOTE TO
TEACHER AND DISCIPLE:**

***WITHOUT THE WORK OF
THE HOLY SPIRIT THIS
MANUAL WILL HAVE VERY
LITTLE EFFECT.***

***WITH EACH SESSION ASK
FOR THE HOLY SPIRIT TO
COME ALONG SIDE YOU AS
YOUR HELPER.***