

YOUTH IN CRISIS

A BIBLIOGRAPHY

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A great number of issues face children and youth today. Whether developing and changing bodies, peer pressure, or questions of faith, teenagers often turn to youth leaders and Christian educators for help and guidance. Many of us are not professional counselors, but are still care-givers (as well as role models), and may feel that we have a lack of knowledge about the concerns with which these young people come to us. This list is intended to be a resource for some of the issues about which young people seek guidance. Some of the titles listed are useful in advance of a crisis as prevention materials, and others are useful during high-stress times.

Addictions and Substance Abuse

- Babbit, Nikki. *Adolescent Drug & Alcohol Abuse: How to Spot It, Stop It, and Get Help for Your Family*. Cambridge, MA: O'Reilly & Associates, 2000.
- Monti, Peter M., Suzanne M. Colby, and Tracy A. O'Leary, eds. *Adolescents, Alcohol, and Substance Abuse*. New York: Guilford Press, 2001.

General Crisis

- Lowenstein, Liana. *Creative Interventions for Troubled Children & Youth*. Belgium, Wisconsin: Champion Press, 1999.
- Rowatt, G. Wade, Jr. *Adolescents in Crisis: A Guidebook for Parents, Teachers, Ministers, and Counselors*. Louisville: Westminster John Knox Press, 2001.
- Van Ornum, William and John B. Mordock. *Crisis Counseling with Children and Adolescents: A Guide for Nonprofessional Counselors*. New York: Continuum, 1984.

Depression

- Empfield, Maureen and Nicholas Bakalar. *Understanding Teenage Depression: A Guide to Diagnosis, Treatment, and Management*. New York: Owl Books, 2001.

Eating Disorders

- Moe, Barbara. *Understanding the Causes of a Negative Body Image*. New York: Rosen Publishing Group, 1999.
- Steinhausen, Hans-Christoph, ed. *Eating Disorders in Adolescence: Anorexia and Bulimia Nervosa*. New York: Walter De Gruyter, 1996.

Faith

Fowler, James W. *Stages of Faith: The Psychology of Human Development and the Quest for Meaning*. San Francisco: HarperCollins Publishers, 1995.

HIV/AIDS

Vos Wezeman, Phyllis. *Creating Compassion: Activities for Understanding HIV/AIDS*. Cleveland: United Church Press, 1994.

Homelessness

Raffaelli, Marcela, ed. *Homeless and Working Youth Around the World: Exploring Developmental Issues*. San Francisco: Jossey-Bass, 1999.

Peers, Families, Isolation

Devencenzi, Jayne and Susan Pendergast. *Belonging: Self and Social Discovery for Children and Adolescents: A Guide for Group Facilitators*. Austin, TX: Jalmar Press, 1999.

Peterson, Jean Sunde, ed. *Talk With Teens About Feelings, Family, Relationships, and the Future: 50 Guided Discussions for School and Counseling Groups*. Minneapolis: Free Spirit Publishing, 1995.

Pregnancy and Teen Parents

Barr, Linda and Catherine Monserrat. *Teenage Pregnancy: A New Beginning*. Exeter, NH: New Futures, 1996.

Rape

LaValle, John. *Everything You Need to Know When You Are the Male Survivor of Rape or Sexual Assault*. New York: Rosen Publishing, 1995.

Levy, Barrie, ed. *Dating Violence: Young Women in Danger*. Berkeley, CA: Seal Press, 1998.

Michael, Diana Louise. *Vows of Silence: A True Story of a Survivor's Triumph over Rape, Teenage Suicide, and Religious Abuse*. Trust Publishing, 1993.

Self-Esteem

Khalsa, Sirinam S. *Group Exercises for Enhancing Social Skills and Self-Esteem*. Sarasota, Florida: Professional Resource Press, 1996.

Sexual Abuse

Voelkel, Rebecca and Marie M. Fortune. *Sexual Abuse Prevention: A Course of Study for Teenagers*. Cleveland, OH: United Church Press, 1996.

Wieland, Sandra and Jon R. Conte, ed. *Hearing the Internal Trauma: Working With Children and Adolescents Who Have Been Sexually Abused*. Thousand Oaks, CA: Sage Publications, 1997.

Sexual Orientation and Gender Identity

Savin-Williams, Ritch C. *Mom, Dad I'm Gay: How Families Negotiate Coming Out*. Washington, D.C.: American Psychological Association, 2001.

Tigert, Leanne and Timothy Brown. *Coming Out Young and Faithful*. Cleveland: Pilgrim Press, 2001.

Suicide

Berman, A.L. and D.A. Jobes. *Adolescent Suicide: Assessment and Intervention*. Washington, D.C.: American Psychological Association, 1991.

Clark, D.C., ed. *Clergy Response to Suicidal Persons and Their Family Members*. Chicago: Exploration Press, 1993.