

# Campus by the Sea

## Information and Orientation

Campus by the Sea (CBS) is a non-profit camp operated by InterVarsity Christian Fellowship. CBS is located on Catalina Island, three miles west of the town of Avalon. Its secluded beach is nestled between two mountain ridges. The only access to camp is by boat or hiking, as there is no road into camp. CBS provides a setting for retreats that is free from many of the mainland distractions. It is a place to appreciate nature and a simple lifestyle. An understanding of the following information and guidelines will make your stay at CBS a more enjoyable one.

### WHAT TO BRING

**Clothing:** Remember you will have to carry everything you bring – so pack light! Informal clothes such as T-shirts, jeans, and shorts are ideal. Swimming attire, beach towels, warm jacket or sweatshirt for chilly mornings and evenings, hiking shoes, beach shoes, bath towels and personal items are also recommended. On Thursday night, there will be an opportunity to dress up a bit (key words: “a bit”) and celebrate together at our banquet. There are no camper laundry facilities at CBS.

**Bedding:** CBS does not provide linens so please bring a sleeping bag. We will provide one pillow and pillow case for each camper. Cribs are available for babies , but you should bring bedding for them.

**Miscellaneous:** Flashlights and sunscreen are essential! If you plan to fish, please bring your own equipment. CBS will provide bait.

### WHAT NOT TO BRING

Your week at camp is for you to get away from the distractions of everyday life, so please do not bring computers, cell phones, music players, TVs, pagers, or other electrical gadgets. Also, no weapons, pets, or SCUBA diving equipment allowed.

### GENERAL INFORMATION

**Messages and Mail While at Camp:** The camp phone number is 310/510-0015. The camp address is Campus by the Sea, P. O. Box 466, Avalon, CA 90704. There is a pay phone available for outgoing calls. *Cell phones often do not work in the cove.* Computer and email access are not available to campers. Mail may take 3-4 day to reach the camp.

**Facilities:** You will be assigned to a cabin or tent upon your arrival at the boat terminal. There is no electricity in cabins or tents. There is a centrally located bath pavillion with flush toilets, sinks, hot showers and electricity. The dining hall and meeting rooms are enclosed with electricity. There should be no food in cabins--wild animals will enter buildings to find snacks. Fines will be charged for any defacement of CBS buildings or equipment.

**Water:** CBS is located on a desert island where water is considered a precious resource. All campers are asked to conserve water when showering.

**Recreation:** CBS offers swimming, kayaking, snorkeling, inner tubes, and boogie boards at the waterfront. Water skiing is may also be available from 6-8 am, depending on sea conditions. There is also basketball, volleyball, ping-pong, tether ball, horseshoes, hiking, shuffle board and campfire. Skateboards, roller-blades and mountain bikes are not permitted at CBS, on trails, on the road to Avalon or within the Avalon city limits. Please do not bring these items with you.

**Swimming:** Swimming is allowed only at the stated times when lifeguards are on duty. Jumping or diving from the pier is not permitted. No SCUBA diving or spear fishing is allowed at CBS. Parents are expected to assist in supervision of minor children in and around the water. We greatly appreciate consideration of modesty with swimming attire. No wet clothes are allowed in the dining hall. We strongly recommend water shoes for protection against the rocky shore – there is very little sand on the beach. Also, don't forget the sunscreen for both young and old!

**Hiking:** There are a few local trails for hiking within the canyon, as well as some more strenuous trails outside the property of camp. Hiking outside of camp requires checking out at the camp office and hiking with a partner. No hiking or climbing on cliffs and no hiking to Avalon except on Wednesday with the group.

**Opportunity to Serve:** At CBS we serve meals family style. You will be divided into groups of 8-12 to assist with washing dishes and resetting tables after each meal. O.T.S. helps keep fees down and provides an atmosphere of service and team building.

**Special Diets:** CBS is health conscious in its food preparation and serves meals which meet normal daily requirements. If you have unusual dietary requirements, please plan to bring your special foods with you as we are limited in our ability to cater to special requests and tastes. For specific questions regarding food or medical requirements, please call camp in advance of your arrival, and we will assist you in any way we can.

**Camp Store:** The store is open in the afternoons and again for a short time in the evenings. The store is located within the Main Deck and carries various items such as soda, candy, books, clothes, etc. CBS offers alumni campers the ability to put purchases on account. The balance is paid on the last day of camp with either check or cash, as we do not accept credit cards.

**Medical Facilities/First Aid:** There is a clinic available in Avalon for camper medical needs. 911 service is also available for emergencies. Campers must carry a medical insurance card with them.

**Fire Hazards:** Due to the extreme fire danger and isolation from outside assistance, absolutely NO SMOKING is allowed in camp **except at the campfire ring at the beach**. Only battery operated lanterns are permitted. All cabins are supplied with a fire extinguisher, and a \$150 fine will be charged to any individual or cabin who wrongfully discharges one.

**Guests:** If you are bringing a minor guest with your family, please have a parent or guardian complete the Release and Medical History Form. You can download and print a copy of the form from the CBS website ( [www.intervarsity.org/cbs/](http://www.intervarsity.org/cbs/) ). These forms will be collected upon your arrival at CBS.